

## 1801 Wright Road Fort Belvoir, VA 22060 Chaplain (MAJ) Antonio J. McElrov

http://www.belvoir.army.mil/wcgs/ mail: Antonio.McElroy@conus.army.mil

Volume 13, Issue 51

Work: 703-806-3006

**Gospel Service Newsletter** 

April 2009

## He Made Him to Be Sin

by Henry T. Blackaby and Richard Blackaby

For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him. 2 Corinthians 5:21

\*\*\* \*\*\* \*\*\*

This verse should startle us and cause us to tremble. It is not a verse to be read quickly and passed over. As Christians we are grateful to be forgiven of our sins. We are thankful we have been adopted as God's children. Yet we will never comprehend the awesome price that Jesus paid to cleanse us of our sin and to give us His righteousness. How abhorrent was it for the sinless Son of God to have every sin of humanity placed upon Him? What love was required for the Father to watch His only Son bear the excruciating pain of our sin upon the cross?

The prophet Isaiah summarized the human condition: "We are all like an unclean rhing, / And all our righteousnesses are like filthy rags" (Isa. 64:6). Even the high priest, Joshua, in his exalted position among God's people, was clothes in filthy rags before God (Zech. 3:3). The apostle Paul, who labored arduously to be righteous before God, realized that his most strenuous efforts to please God were no more valuable than rubbish (Phil, 3:4-10). The plight of humanity is that nothing we could ever do could satisfy God's desire for righteousness. But the miracle of God's mercy is that God exchanges our "filthy rags" for "rich robes" of righteousness (Zech. 3:4).

In this awesome exchange, God placed the sin of humanity upon His righteous Son. Jesus became so identified with our sin that Scripture says God made Him to be sin on our behalf. The holy Son of God could not possibly do more for us than this! Experiencing the Father's wrath upon the sin He carried would have been more painful to endure than any human rejection or physical suffering.

Never take the righteousness God has given you for granted. Never take the forgiveness of your sin lightly. It cost God a terrible price in order to forgive you and make you righteous. Walk in a manner worthy of the righteousness He has given you.

## **Gospel Service Chapel Activities**

## Opportunities To Join A Ministry

**ALTAR MINISTRY** 

LEADER/ADVISOR: Chaplain Antonio McElrov

BAPTISM AND DISCIPLESHIP

LEADER: Deacon Calvin Taylor

BELVOIR MEN OF FAITH - (2<sup>nd</sup> & 4<sup>th</sup> Saturdays 0730 hrs-REC)

POC: Deacon Adrian Clay

BEREAVEMENT MINISTRY

POCs: Brother Theodore and Sister Roberta Alridge

BIBLE STUDY - TEENS - (Age 13+) (Thursdays 1930 hrs)

POCs: Reverend Leonard Baldwin

BOYS TO MEN - (4TH Saturdays 1000 - 1200 hrs)

POCs: Brother Chris Hardnick and Reverend Leonard Baldwin

CHILDREN'S MINISTRY

MINISTRY LEADERS: Minister Barbara & Brother Tony Burrell

- CHILDREN'S CHURCH - (1st, 2nd & 4th Sundays during service) Group 1 Pre Kindergarten & Kindergarten - Group Leader Sister Denise Baldwin

Group 2 Grades 1-3 - Group Leader - Sister Doris Wilson Group 3 Grades 4 - 6 - Group Leader - Sister Alice White

- CHILDREN'S BIBLE STUDY (Pre Kindergarten & Kindergarten)

Thursdays -1930 hrs

Group Leader: Sister Denise Baldwin

- CHILDREN'S BIBLE STUDY

(Grades 1, 2 & 3) Thursdays - 1930 hrs Group Leader: Minister Barbara Burrell

(Grades 4, 5 & 6) Thursdays - 1930 hrs

Group Leader: Alice White

DEACONS MINISTERS/TEAM LEADERS TRAINING

(4th Saturdays, 0900 - 1300 hrs) POC: Deacon William Collins

FINANCIAL PEACE UNIVERSITY (Sunday Mornings – 0845 hrs)

POC: Sister Ruby Wilson

FOLLOW-UP MINISTRY TEAM

LEADER: Chaplain Antonio McElroy

HOSPITALITY COMMITTEE - (AS ANNOUNCED)

POC: Sister Sharon McNeil

INTERCESSORY PRAYER MINISTRY - (Fridays - 1830 hrs)

POC: Sister Peggy Hogan

J7 FRONTLINE YOUTH MINISTRY - (1st & 3rd Saturday)

(AS ANNOUNCED)

POC: Brother Sean Miller

MARRIED COUPLES MINISTRY - (4th Mondays 1800 - 2000 hours)

POCs: Brother Lionel and Sister Shereda Jones

MEN @ ARMS, THE GX - (4TH Saturdays immediately following

Boys To Men Ministry)

POC: Brother Anthony "Tony" Bennett

MINISTERS TRAINING - (4th Saturday) (AS ANNOUNCED)

POC: To be announced

PARISH COUNCIL - (1st Sunday after Worship Service)

POC: Sister Alice Ford

PRISON MINISTRY - (TBD)

POCs: Minister Marsha Morris / Sister Patrice Alston

PROTESTANT WOMEN OF THE CHAPEL

POC: Sister Nilda Navarro

SINGLES MINISTRY - (3rd Fridays 1900 hrs

@ Religious Education Center (REC)

POCs: Minister Yvonne Kizer / Sister Rosa Butler

SUNDAY SCHOOL (ALL AGES) – (Every Sunday @ Religious Education Center (REC) 0920 – 1030 hrs) POCs: Sister La Ticia Anderson / Sister Rita Williams /

Sister Sharon McNeil / Minister Daryl Duff

USHERS AND GREETERS MINISTRY - (4th Sundays after Worship

Service)

POC: Brother Calvin Brown

WISDOM FOR LIFE SEMINARS - (Thursdays 1830 hrs & Sundays)

ADVISOR: Minister Terry Hogan

WOMEN'S FELLOWSHIP - (1st Saturdays 0900-1030 hrs)

POC: Sister Sara Simmons

WORSHIP ARTS MINISTRY

- ADULT CHOIR - (Mondays & Wednesdays prior to 1st & 2nd

Sundays 1900 hrs)

POC: Brother Crosby Bowens

- BROTHERHOOD CHOIR - (Mondays prior to the 3rd and 4th

Sundays - 1900 hrs)

POCs: Deacon Fred Owens / Minister Robert Brooks

- DANCE MINISTRY - (1st, 3rd, & 5th Saturdays 1030 hrs)

POC: Sister La Ticia Anderson

- DRAMA MINISTRY - (TBD)

POC: Sister Trevetta Bennett

- MUSICAL ENSEMBLE - (AS ANNOUNCED)

POC: Minister Robert Brooks

- STEP MINISTRY - (1st, 3rd, & 5th Saturdays 1300 hrs)

POC: Sister Valerie Ford-Miller

- SUNSHINE CHOIR - (Thursdays 1830 hrs)

POCs: Sister Stephanie Jackson / Sister Sylvia Harris /

Sister Michelle Williams

- WOMEN'S CHOIR - (Monday & Wednesday prior to 5th

Sundays) (AS ANNOUNCED) - 1900 hrs

POC: Brother Crosby Bowens

- YOUTH CHOIR - (Thursdays 1830 hrs)

POCs: Sister Alice Ford / Sister Valerie Ford-Miller

YOUNG SISTERS OF FAITH - (4TH Saturdays)

POC: Minister Annie Powell

YOUTH LEADERS - Reverend Leonard Baldwin,

Minister Annie Powell and Deacon Fred Owens

YOUNG ADULT SINGLE & SAVED (YASS) - (2nd Fridays -

1900 hrs)

POC: Minister Marsha Morris



## FORT BELVOIR GOSPEL SERVICE CHURCH HISTORY

The **Fort Belvoir Gospel Service** began April 1993 as a result of a desire of some in the Fort Belvoir community to have a different type of worship service experience than was offered on post. Chaplain Sanford, the Post Chaplain at the time, responded to the request by appointing **Reverend Alonzo Ford**, First Mount Zion, Dumphries, VA. The first three worship services were held in Fairfax Chapel (South Post) and later moved to Gunston Chapel.

The growth of the service was slow in the beginning. With the help of members from Fort Belvoir Protestant Service, Fort Myer Gospel Service and First Mount Zion of Dumphies, VA, the Fort Belvoir Gospel Service became organized. Because of members relocating, the service struggled to maintain a congregation, which at that time consisted of approximately twenty-five constant members mainly composed of five families. The service focused on ministering to the congregation and outreaching to the Fort Belvoir Community. A Sunday school, Wednesday Evening Adult Bible Study Class, Adult Choir, Youth Choir and Usher Board were developed in the first year.

Pastor Ford was commissioned and accepted for active duty after a year and a half of Pastoring the Gospel Service. November 1994, Chaplain (CPT) Steven L. Jordon, Jr., who was going to be assigned to DeWitt Army Hospital, accepted the position as Pastor. The service expanded to include new ministries and continued to minister in the Fort Belvoir community. With the increase in growth, the service moved from Gunston Chapel to Wood Theater in March 1996. Due to the theater renovation project, the service moved back into Gunston Chapel October 1997. Chaplain (MAJ) James Danford came to the service August 1998, and departed August 1999. Chaplain (CPT) Harry Reed, Jr. became the Pastor August 1999 to June 2001. Chaplain (MAJ) John Foxworth came to the service August 2001 and departed December 2002. Chaplain (MAJ) Claude Crisp became the Pastor January 2003 and departed June 2004. Chaplain (MAJ) Geoffrey Alleyne came to the service June 2004. The service moved into the newly built Woodlawn Chapel, October 2004, and subsequently renamed, Woodlawn Chapel Gospel Service (WCGS). Our current Pastor, Chaplain (MAJ) Antonio McElroy, came to service in July 2006. WCGS average weekly attendance has grown to over 300.

Over the years, the service has expanded to include many ministries. The service has seven Choirs, a Music Ensemble, Children's Church, Dance Ministry, STEP Team, Teen Ministries, Prison Ministry, Ushers & Greeters Ministry, Hospitality Committee, Intercessory Prayer Ministry, Bible Study Classes for all ages, Deacons and Deaconess, Adult and Young Adult Singles Ministries, Married Couples Ministry, Bereavement Ministry, Financial Peace University, Wisdom for Life, and a Ministerial Staff. God has truly blessed this Gospel Service, and we are excited about what He is doing and will continue to do with the service in the future.

Courtesy of Sister Alice Ford (With Editorial Updates)

## Woodlawn Chapel Gospel Service VISION & VALUES

"To develop devoted disciples who follow after Christ to fulfill the great commission."

## The Five Values of the Woodlawn Chapel Gospel Service

- 1. Loving God through Worship: Matt 4:10
  - Worship helps us to focus on God
- 2. Knowing God through Fellowship: Eph 2:19
   Fellowship helps us face life problems
- 3. Growing in God through His Word: Eph 4:12B-13
  - Discipleship helps us to fortify our faith
- 4. Serving God by Serving Others: Matt 22:36-40
  - Ministry helps us to find our talents
- 5. Sharing God with the Lost: Matt 28:19-20
  - Evangelism helps to fulfill our Life's Mission

## **SICK AND SHUT IN / PRAYER REQUESTS**

Roberta Alridge Ted Alridge Michael William Barekman II Bertha Roberts

(Submit names to joneslw4126@msn.com)

## **Upcoming Events - Chapel Activities -**

Mark your calendars:

## April

- 8 Army Chief of Chaplain's Fast "Be in Prayer for Challenging Issues in High Rate of Suicides in Military"
- 9 Sedar Meal O'Club
- NO GOSPEL SERVICE ACTIVITIES
- 10 INTERCESSORY PRAYER CANCELED
- 11 Dress Rehearsal Easter Play Drama Ministry - 0830 - 1200 hrs
- Sunshine Choir Rehearsal 1830 1930 hrs 11 & 25 – Belvoir Men of Faith – REC, 0730 -0900 hrs
- 12 Easter Sunrise Service O'Club 0630 hrs
  - Easter Egg Roll Belvoir Chapel
- Gospel Service Easter Program & Worship Service 1100 hrs
- **Easter Fellowship** Fairfax Village immediately following Worship Service
- 18 Family Fun Night Youth Ministry REC
  - Adult Singles Ministry Meeting, POC
- Sis. Rosa Butler
- Prison Ministry Outreach, POC Min Marsha forris
- 20 22 Fast Begins @ 0600, thru 1900 hrs 22-24 - Spring Revival - Special Guest Preacher: Dr. F. Bruce Williams, Senior Pastor, Bates Memorial Baptist Church, Louisville -1900 hrs
- 24 26 Belvoir Men of Faith Annual Spring Revival - Orkney Springs, VA -
- POC Deacon Adrian Clay
- 25 Boys to Men "Leaving a Legacy"-Vernondale Village
  - True Love Waits Part II 0900-1400 hrs
  - Men @ Arms: The GX 1130 hrs
- 27 Married Couples Ministry 1800 hrs

Every Sunday - Financial Peace University - 0845 hrs - Wisdom for Life Seminar - 0930 hrs

**Every Thursday** 

Mid Week Worship Service, 1930 hrs
 Mentoring Women – A Discipleship class –
 1800 hrs – POC: Minister Barbara Burrell

Every Friday - Intercessory Prayer - 1830 hrs

May -

1 – 3 – Women's Retreat, Special Guest Speakers: Rev. Darline Jones and Dr. Susie Owens – Shenandoah Valley, VA – POC Sis. Sara Simmons

2 - "Resting Conference" - Guest Speaker, Dr. Byron Jones

9 - Mother's Day Luncheon - O'Club

12 - PWOC FREE Market

16 - Training "Principles of the Bible" Lecturer, Elder Dennery - 0900 - 1600 hrs

17 - Financial Peace University Graduation

**31 - One-Day Wisdom for Life Seminar -** 0900 - 1600 hrs

June

6 - Greeters/Ushers Fellowship - Anderson Park

- Hampton Preachers' Conference - POC Min. Annie Powell

7 - Susan G. Kohman "Race for the Cure" - WGCS Women's Ministry Team - POC Sis. Sara Simmons

## CID/Volunteer Update Reminder - All CID/

- Volunteer Forms must be completed, signed and turned in to **Sister Patrice Alston, Gospel Service Parish Coordinator,** for (ALL) Ministry Chairs/Team Leaders and Team Members, no exceptions! This requirement is for everyone working in the following areas: with children 18 years or younger, with food and/or with money. As new volunteers join your Ministry/Team, have them read, complete and sign the required forms prior to allowing them to work in your Ministry/Team. Turn completed forms into the Gospel Service Parish Coordinator.

Ministry/Team Leaders be aware that any volunteers not in compliance with this Department of the Army requirement **IS NOT** allowed to volunteer in areas involving children, handling food or money. CH McElroy will be notified accordingly. Allowing any volunteer who has not complied with this requirement to work in your Ministry/Team is in violation of this DA requirement and could adversely affect the Gospel Service's ability to minister to the congregation. Direct all concerns and/or questions to CH McElroy.

Courtesy of Gospel Service Parish Coordinator

## **April Birthdays**

- 1 Donald Doctor
  - Ronnie Foxe
  - Kaniesha Gray
  - Janice Tutt
- 2 Lindsey Chester
  - Jessica Wilson
- 3 Dennis Dabney
  - Oliver Roper
- 4 Lynetta Kizer
  - Audrey Lomax

- 5 Ja'meshia Mathews
- 6 Shannen Jarrett
- Janel Moore
- Gregoria Pandy-Valcin
- Carrie Tyler
- 7 Nyrel Goodson
- Peggy Hogan
- Patrick Thomas
- 8 Nancy Henderson
  - Allison Smith
- 9 Felicia Alston
  - Yong Suk Owens
- 10 Kirsen Hankins
- 11 Alicia Johnson
  - Maurice Randolph
- 12 Davina Taylor
  - Michael Tyler
- 13 Brandon Darby
- 14 LaKetha Prioleau
- 15 Danyel Chaney
  - Tia Flores
- Sean Gray
- Avery Hogan
- 17 Arlita Crawford
  - Trinitee Rouse
  - Sela Taylor
- 21 Dajha Gaines
  - Veronte Higgins
  - Solina Johnson
  - Vincent Taylor
- 23 Michael Barekman
- 24 Nathaniel Jones
  - Chad Murden
  - Christina Pitts
  - Javan Walker
- 26 Makira Mills
  - MacKenzie Taylor
- 28 Destiny Kinard
- Addley Saimbert Jr.
- 29 Raymono Washington
- 30 Destiny Gray

Happy Birthday to you,
Happy Birthday to you,
Happy Birthday, God Bless you,
Happy Birthday to you!

## **April Anniversaries**

- 1 Jayson and Shanniel Jones 3 years
- 2 Oliver and Michelie Roper 12 years
- 15 Dennis and Lanetha Neal 7 years
- 18 Sean and Natasha Gray 3 years
- 23 Reverend Leonard and Denise Baldwin 26 years
- 24 Donald and LaKetha Prioleau 7 years

## Congratulations!

NOTE: You too can have yours and your family's special days published. Send e-mail with dates and event to Sister Shereda Jones at <a href="mailto:joneslw4126@msn.com">joneslw4126@msn.com</a> as soon as possible.

## April is:

- Alcohol Awareness Month
- Cancer Control Month
- Cesarean Awareness Month
- Counseling Awareness Month
- Foot Health Issues Related to Diabetes Awareness Month
- Injury Prevention Month
- International Guitar Month
- Irritable Bowel Syndrome Awareness Month
- Keep America Beautiful Month
- Month of Military Child
- National Autism Awareness Month
- National Child Abuse Prevention Month
- National Donate Life Month
- National Frog Month
- National Garden Month
- National Humor Month
- National Mathematics Education Month
- National Minority Health Awareness Month
- National Poetry Month
- National Sexual Assault and Prevention Month
- National Youth Sports Safety Month
- Occupational Therapy Month
- Sports Eye Safety Month
- STD Awareness Month
- Stress Awareness Month
- Women's Eye Health and Safety Month
- 1 7 Medication Safety Week
- 3 5 Alcohol-Free Weekend
- 5 11 National Public Health Week / National Window Safety Week
- 12 18 National Environmental Education Week (eeweek) / National Health Information Privacy and Security Week
- 13 19 National Library Week
- 19 25 Week of the Young Child / National Playground Safety Week
- 20 26 National TV Turn-off Week / Medical Fitness
   Week
- 22 29 Cover The Uninsured Week
  - 25 2 May National Infant Immunization Week
- 24 26 Global Youth Service Weekend
- 26 3 May SAFE KIDS Week / National Youth Violence Prevention Week
- 1 April Fool's Day
- One Cent Day
  - National Day of Hope
  - 2 Hans Christian Anderson's Birthday
- International Children's Book Day
  - World Autism Awareness Day
- 3 Find-A-Rainbow Day
- 4 1st Home Phone Installed In 1877
- Lent ends
- NATO Established In 1949
- 5 National Alcohol Screening Day
- National Read a Road Map Day
- Palm Sunday

- 6 North Pole Discovered In 1898
  - 7 No Housework Day
- World Health Day
  - Take A Loved One To the Doctor Day
  - 8 Passover Begins at Sundown
- Ponce de Leon Day Born in 1460. He discovered
   Florida and searched for the Fountain of Youth
  - Sexual Assault Awareness Month Day of Action
  - **9 -** 1st Public Library Opened In 1833, in Peterborough, NH
    - Maundy Thursday
- 10 Encourage a Young Writer Day
  - Good Friday
    - National Sibling Day
  - 11 Holy Saturday
- Jackie Robinson Day On this day in 1947,
   Jackie Robinson became the 1st African-American in modern major-league baseball
- U.S. Navy Acquires its 1st Submarine In 1900.
   It was a 53-foot craft designed by Irish immigrant John P.
   Holland
  - 12 Easter
- Space Shuttle Columbia First Launched -Crewed by John Young and Robert Crippen – 1981
- 13 Thomas Jefferson's Birthday Born in 1743
  - 14 International Moment of Laughter Day
- Titanic Struck The Iceberg Shortly before midnight on April 14, the ship collided with an iceberg causing the ship to sink at 2:20 AM on April 15
- 15 First McDonalds Opens By Ray Kroc in Des Plaines, IL, 1955
  - Income Tax Day
    - Leonardo Da Vinci Birthday Born in 1452
    - 16 National Eggs Benedict Day
      - Slavery Abolished in D.C. By Lincoln in 1862
- 17 Daffy Duck's Birthday He debuted in a Warner Brothers cartoon in 1937
- Sherlock Hemlock's Birthday Sesame Street character
- 18 First Laundromat Opens In Fort Worth Texas -1934
  - Great San Francisco Earthquake In 1906
  - National Healthy Kids Day
- Paul Revere Day Paul Revere rides to alert patriots that "The British are coming..." - in 1775
  - Pet Owner's Day
  - 19 Humorous Day
    - 20 Cuckoo Day
      - National Pineapple Upside-Down Cake Day
  - 21 Kindergarten Day The first kindergarten was founded by Friedrich Froebel in Germany in 1837
    - 22 Administrative Professional's Day
  - Earth Day
    - Girl Scout Leader Appreciation Day
- 23 Home Run Day Hank Aaron hits his first home run in 1954
  - International Sing Out Day
  - Take Our Daughters and Sons to Work Day The fourth Thursday of April
- William Shakespeare's Birthday Born in 1564

- 24 Arbor Day
- Pigs-in-a-Blanket Day
- 25 ANZAC Day Australia, New Zealand
  - National Telephone Day
  - World Tai Chi & Qigong Day
- 26 Hug a Friend Day
  - National Pretzel Day
- 27 Tell a Story Day
- Walter Lantz's Birthday The creator of Woody Woodpecker
- 28 Poetry Reading Day
- 29 Zipper Day Modern zipper invented by Gideon Sindback in 1917
- **30 -** National Honesty Day George Washington inaugurated as first US president in 1789

## MEMBERS/SERVICE MEMBERS DEPLOYED OR TDY

Rose Carter – Kuwait 1SG Darryl Miller - Kuwait SFC Steve Pomerlee - Iraq MAJ Gregory Wilson – Korea

(NOTE: Notify Sister Shereda Jones by e-mail to <u>JonesLW4126@msn.com</u> as soon as possible when any individuals deploy or go TDY and upon their return from deployment or TDY)

The Season of Lent - Forty days of fasting prepare Christians for Easter - During

Lent, fasting, prayer and almsgiving prepare the Christian worshipper for the sorrowful days of Holy Week, which ends in the joy of Easter. During the **Season of Lent** ("cuaresma" in Spanish or "carême" in French), Christians prepare for the "Holy Week" or "Passion Week", of which Easter is the culmination. It lasts forty days (not counting Sundays), beginning on Ash Wednesday and ending on Holy Saturday, the last day before Easter. The observance differs among Christian churches.

The preparation consists in prayer, fasting, and almsgiving. Today, **fasting** is the main component, but it is no longer as stringent as it used to be. For instance, on Ash Wednesday Catholics are allowed to eat one full meal and two smaller meals which together should not equal the full meal. One of the more popular customs is to temporarily renounce something enjoyable and to give the time and money that thing usually requires to charity.

Lent is generally sorrowful. It prepares for the hardest part of the Christian year: it commemorates the Crucifixion of Christ as well as his Resurrection. The sharp tension between these two events is not the least part of the hardship. To complicate matters, on the Lent Sundays, which are not counted in the forty days, fasting is considered inappropriate, because Sundays commemorate Jesus' resurrection and are thus days of joy. Thus the Eastern Orthodox Church appropriately calls Lent the season of "Bright Sadness".

Ash Wednesday is a special day to consider one's sins and repent. At Mass, the priest or celebrant blesses the worshippers by applying a cross of black ashes to their foreheads. Usually it is only washed off after sundown. This signifies the ancient habit of throwing ashes over one's head

to show repentance to God. It also serves as a reminder of Genesis 3:19: "Remember, man, that you are dust / And unto dust you shall return."

Lent lasts **forty days** in emulation of the forty days Jesus spent in the wilderness, fasting and overcoming demons and temptation. Jesus in turn followed the examples of Moses and of the prophet Elijah. Forty is also the number of days God made it rain days while Noah was in the ark, and the Jews wandered in the desert before returning to the Promised Land for forty years.

The ancient custom of fasting around this time - at the end of winter (the name, "Lent", is the Germanic word for spring and the Anglo-Saxon word for March) but before the new crops are available - may have been a way of stretching the last of the stored away food. And perhaps Carnival was a way of quickly finishing food that was going bad in storage. Excerpt from **The Season of Lent** by Katrien Vander Straeten

http://customsholidays.suite101.com/article.cfm/the\_season\_of\_lent



"Gifts from the Homefront" CertifiChecks now allow you to send a gift certificate to a loved one, family member or dear friend associated with the military all year long. Now ANYONE can purchase gift certificates for troops downrange. These certificates are redeemable by authorized patrons of AAFES, NEX and the Coast Guard Exchange. Gift certificates come in denominations from \$5 to \$50 and can be redeemed at all locations around the world including deployed areas. If you're looking for the perfect gift to give that special individual anytime and anywhere, then "Gifts from the Homefront" CertifiChecks are the perfect choice. For more info call 1-877-770-4438 or visit http://www.aafes.org/.

## Happy 16th Anniversary (Fort Belynin) Gospel Service

Things that make you go hmmmmmm......

If you run with wolves, you will learn how to howl. But, if you associate with eagles, you will learn how to soar to great heights.

A mirror reflects a man's face, but what he is really like is shown by the kind of friends he chooses.

The simple but true fact of life is that you become like those with whom you closely associate for the good and the bad.

The less you associate with some people, the more your life will improve. Any time you tolerate mediocrity in others, it increases your mediocrity.

An important attribute in successful people is their impatience with negative thinking and negative acting people.

As you grow, your associates will change. Some of your friends will not want you to go on. They will want you to stay where they are. Friends that don't help you climb will want you to crawl. Your friends will stretch your vision or choke your dream.

Those that don't increase you will eventually decrease you.

## Consider This:

Never receive counsel from unproductive people.

Never discuss your problems with someone incapable of contributing to the solution, because those who never succeed themselves are always first to tell you how. Not everyone has a right to speak into your life.

You are certain to get the worst of the bargain when you exchange ideas with the wrong person.

Don't follow anyone who's not going anywhere.

With some people you spend an evening; with others you

invest it.

Be careful where you stop to inquire for directions along the

road of life.
Wise is the person who; fortifies his life with the right

Wise is the person who; fortifies his life with the right friendships.

Happy moments, **Praise God!**Difficult moments, **Seek God!**Quiet moments, **Worship God!**Painful moments, **Trust God!**Every moment, **Thank God!** 

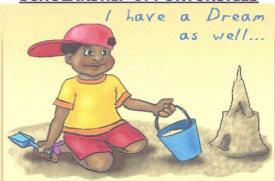
If you see people without a smile today, give them one of yours.

Choose to rise...Don't settle...and go for your dreams!!!

And most of all let God lead you in everything you do!

Courtesy of Dot Buford

## SCHOLARSHIP OPPORTUNITIES



## How to Get a Project Working Mom Scholarship-

By <u>Alina Bradford</u>, eHow Editor, Project Working Mom: Have you ever tried to go back to school, but didn't have enough time, money or confidence? *You're not alone*. Women unable to pursue education because of life circumstances often become trapped in a cycle of underemployment. eLearners.com established Project Working Mom, to lead the way in providing resources to moms everywhere. Putting <u>Education</u> to Work is a \$2 million full-ride scholarship campaign just for moms. It gives selected women the ability to afford to go back to school and get a good paying job. Here are tips to help you apply for the scholarship.

- Go online to the website. Click on the link in the upper right-hand corner that says, "Win a Scholarship to Back to School Online."
- Fill out the form and read the "Terms and Conditions." Check the box that confirms that you have read the terms and conditions.
- Next, you will need to write an essay, in 1500 words or less, that describes why you need or want a degree. To read some essays that have won this

- contest go online again. Scroll down to page 14 to see the essays.
- 4. Push the "Submit" button.
- 5. "Scholarship winners will be selected based on the strength of the essay, which will be judged on the applicant's ability to clearly articulate why an <u>online education</u> fits into their personal and career goals," says Representative Jenny Foust. "The selection committee will pay special attention to the applicant's desire and motivation for education and any indicated instances of triumph over adversity. Applicants must be a working mom, at least 21 years old and interested in online education. Scholarship applicants must also meet the minimum requirements of each member school."

For more information, copy and paste link: http://www.ehow.com/how\_2194730\_project-working-momscholarship.html



**e-Learning from NASA:** The Space Agency is making available a free Web-based educational product to learners of all ages across the country. NASA eClips consists of more than 55 short, 5-10 minute video segments, which are available on-demand via the Internet. NASA eClips features many of the agency's missions and engages learners in the excitement of science and engineering. Check it out at: http://www.nasa.gov/education/nasaeclips

## **Ensuring Access and Equity Pre-College and Summer Programs**



Summer Programs for middle/high school and college students. There are programs free and at cost so you'll have to weave your way through them. Take a look and help our youth achieve academic success. Some of the programs even pay them for their due diligence. With one click, you have access to hundreds of programs for students from middle to high school and college students. Copy and paste url into you browser: <a href="http://accessandequity.org/id19.html">http://accessandequity.org/id19.html</a>

## 2009 SUMMER PROGRAMS FOR HIGH SCHOOL STUDENTS

FREE!! MIT announces its MITES Program, (Minority Introduction to Engineering and Science), a challenging 6 week summer program that prepares promising rising seniors for careers in engineering and science. If you are selected, all educational, housing, meals and activity costs are covered. You must, however, pay for your own transportation to and

from MIT. To apply, go to <a href="http://mit..edu/mites/www">http://mit..edu/mites/www</a>

GEORGE WASHINGTON UNIVERSITY Science & Engineering Apprenticeship program (Summer) - This program places academically talented H.S. students (at least 16 yrs old, sophomores/ juniors) with interest in science & math in Dept. of Defense laboratories for an 8-wk period over the summer. This is an invaluable experience in the world of scientific research, with hands-on exposure to scientific & engineering practices not available in the HS environment. It is a paid apprenticeship (\$2,000) and the students are assigned a scientist or engineer as their mentor. To apply online or get more information about the program: http://www.usaeop.com < http://www.usaeop.com/> . Students must submit their transcript (minimum GPA 3.0) and teacher recommendation to the program director for consideration and daily transportation is the student's responsibility. Program runs from June 22 - August 14, 2009.

FREE!! Princeton University announces its Summer Journalism Program for low-income sophomores or juniors with at least a 3.5 GPA (on a 4.0 scale) who have an interest in journalism. The cost is free including travel costs to and from Princeton! Apply now! Go to <a href="https://www.princeton.edu/sip">www.princeton.edu/sip</a>

FREE!! The National Center for Health Marketing's Global Health Odyssey Museum is pleased to offer the 2009 CDC Disease Detective Camp (DDC). DDC is an academic day camp for students who will be high school juniors and seniors during the 2009-2010 school year. Campers will take on the roles of disease detectives and learn how CDC safeguards the nation's health. The camp will be offered twice from June 22-26 and July 13-17. For more info and to apply to go <a href="https://www.cdc.gov/gcc/exhibit/camp.htm">www.cdc.gov/gcc/exhibit/camp.htm</a>.

FREE!! The American Legion sponsors a week-long summer leadership program called Boys State. This year's program will be held at McDaniel College in Westminster, Maryland from June 21-27. If you are a junior interested in a leadership opportunity see your guidance counselor right away for more information.

The Leadership Center at Morehouse College presents the 2009 Coca-Cola Pre-College Leadership Program. There are 2 programs, one for male students completing their sophomore or junior year, and the other for male students completing their senior year. Applicants must have a minimum 3.0 GPA (on a 4.0 scale). The curriculum focuses on personal and interpersonal leadership skills. The program runs from June 20 to June 26. The cost is \$400.00. To apply, go to <a href="www.morehouse.edu">www.morehouse.edu</a>. Application access is listed under "Events at the Leadership Center."

NASA sponsors the National Space Club Scholars Program, a 6 week summer internship at NASA's Goddard Space Flight Center.. It is open to students who will be 16 years old and have completed the 10th grade by June 2009, have demonstrated high academic success, and have an interest in space science or engineering as a career. Applicants must be U..S. citizens. Applications are available in the Career Center or online at

www.education.gsfc.nasa.gov/pages/placement.html Apply now!

University of Maryland, College Park: Women in Engineering, <u>E2@UMD</u>, July 12-18 or July 19-25; rising juniors and seniors. Go to <u>www.wie.umd.edu/precollege or call 301-405-3283</u>. University of Maryland Young Scholars Program targets rising juniors and seniors who have a strong academic record

and a desire to excel to experience college life while earning three academic credits. 14 courses are offered for three weeks from July 12 31, 2009. Visit <a href="https://www.ysp.umd.edu/pr">www.ysp.umd.edu/pr</a>

CITY YEAR, WASHINGTON DC (AmeriCorps) - Graduating seniors who are not sure what they want to do after high school should consider applying for a paid community service position with City Year, Washington, DC., a group of 17-24 year olds committed to full-time service for ten months in the Washington, DC community. Benefits include: living stipend (\$200 per week), health care coverage, free metro pass, and \$4,725 educational scholarship. For more info: www.cityyear.org or email: cmurphy@cityyear.org <a href="http://us.mc01g.mail.yahoo.com/mc/compose?to=cmurphy@cityyear.org">http://us.mc01g.mail.yahoo.com/mc/compose?to=cmurphy@cityyear.org</a> /DC or call: 202-776-7780, Amanda Seligman. Recruitment open houses will be held once a month at their headquarters: 918 U Street, NW, 2nd floor, Washington, DC 20001.

## <u>Summer Science Program / 7th Graders--</u> Fwd: F.Y.I

Dear Educators and Friends of the Environment,

We need your help in recruiting current 7th grade students in the Washington, DC Metro area, including Maryland and Virginia, for the 2009, Student Environmental Development Program (SEDP). SEDP is a fun, no cost, science based, academic enrichment, summer environmental leadership development program for culturally diverse rising eighth grade students in underserved, low income, inner city neighborhoods and surrounding areas, in Philadelphia, Washington, DC, and Wilmington, Delaware, and a new 2009 program scheduled for Wheeling, West Virginia. The SEDP website is: <a href="https://www.epa.gov/region03/ee/sedp.htm">www.epa.gov/region03/ee/sedp.htm</a>

The dates for the 2009, Washington, D.C. SEDP are July 7 through August 13, and it is tentatively scheduled to be held at George Washington University.

There is no cost to participate in SEDP. Students participate in hands - on learning activities and fieldtrips, receive a small prorated stipend during the program and at Graduation, as well as, METRO passes and or tokens to facilitate their daily commute.

Please pass this information on to schools, students, families, educators, churches, associates and the community. **The Application are due April 3, 2009.** Additional program information and the 2009 application are attached below.

Courtesy of Sister Sara Simmons

## STUDENT EMPLOYMENT OPPORTUNITIES



<u> Student Internship Program – US</u>

**Department of State** - (DoS) is now accepting

applications - copy and past link

http://jobsearch.usajobs.gov/getjob.asp?JobId=75619932&A VSDM=10%2F31%2F2008+1%3A22%3A04+AM to start the

online application process. Note that the deadline to submit completed applications for Spring 2010 Internship is July 1, 2009.

What could a student internship mean to you at the US DoS? It's an opportunity for you to get an inside look at the

different types of positions and responsibilities available in foreign affairs. Think of it as taking a career test ride before you actually have to decide what you are going to do with your life. You can also gain valuable work experience that will help you in virtually every endeavor, whether you choose to work in government or in the private sector. Then there's the added benefit of feeling good about knowing you are really doing something worthwhile for your nation.

At the U.S. Department of State, we like to say we're the face of America to the world. As an intern, you will be, too. Some of our students work in Washington, DC, and others have the opportunity to work at an embassy overseas. Positions are both paid and unpaid, and many are available during spring, summer or fall.

For internship program details such as duties of an intern, participating offices and bureaus, types of internships, salary/benefit/housing information, please download the Student Internship Information Brochure at <a href="http://careers.state.gov/docs/4.0">http://careers.state.gov/docs/4.0</a> Student Intern brochure.p

## Eligibility requirements

You must be:

- a U.S. citizen. U.S. citizenship and good academic standing are required, along with the successful completion of a background investigation, and the ability to receive either a <u>Secret or Top Secret</u> <u>clearance</u>. Random drug testing will be performed.
- a Student. A student is an individual who has been accepted for enrollment, or who is enrolled as a degree-seeking student in an accredited college or university
- a full- or part-time continuing college or university junior, or graduate student (including graduating seniors intending to go on to graduate school.) An applicant is considered a junior if he/she will have completed all sophomore credits (60 or more hours or 90 quarter hours) by the time the internship begins will be entering at least the junior year immediately completion of the internship.

**IMPORTANT:** You are eligible to apply for the Department's internship program if you have not yet completed your registration at a college or university for graduate or post-graduate studies (including law school) or are awaiting an admissions determination for graduate or post-graduate studies (including law school). However, if selected for an internship, you must provide proof that you have registered, or have been accepted for enrollment, for studies in the semester or quarter immediately following the internship before you can begin your internship.

A broad range of academic majors is sought in areas such as Business, Public Administration, Social Work, Economics, Information Management, Journalism and Biological, Physical or Engineering Sciences; intern duties and responsibilities vary according to post or office assignment, from scientific/technical tasks to administrative projects to logistical support.

For overseas assignments, applicants must present evidence of medical insurance coverage. All students must be available to begin their internship within the appropriate application timetable.

Applications must be *RECEIVED* by the appropriate deadline: SPRING INTERNSHIP – JULY 1

Brother Sean's (Miller) Music - Check it out! Copy and paste link then click to play Songs from ReverbNation:

http://www.reverbnation.com/tunepak/1279881

## **JOB FAIRS & EMPLOYMENT OPPORTUNITIES**

## Military and Veteran Hiring Events:



Mid-Atlantic Regional Hiring Event Thursday, April 16<sup>th</sup> – Baltimore, MD











You're invited to meet with top civilian employers who honor your service and need your skills at the MilitaryStars Mid-Atlantic Regional Hiring Event in Baltimore on Thursday, April 16th, from 12 pm to 4 pm at the Four Points by Sheraton BWI Airport, 7032 Elm Road, Baltimore, MD 21240. Attendance, registration, and parking are all free; this event is open to all current and prior US military. Employers will be available to speak with you all day - any time you can make it is fine. Positions are available across the Baltimore area, the state, the mid-Atlantic US, nationwide, and overseas!

Attending employers include the US Secret Service, Kiewit Construction, AmeriCorps VISTA, Sears Holdings Corporation, BAE Systems, 7-Eleven Corporate Management, the Maryland Dept. of Public Safety and Corrections, Dimensions Healthcare System, Army Team C4ISR, the Maryland Dept. of Transportation, WyoTech, Orion International, and many more! They will be looking to hire candidates with your background for career opportunities in Logistics, Operations, Engineering, Production, Management, Admin, Mechanical / Technical, Electrical, Construction, Security and Law Enforcement, Training, Sales, Legal Services, Customer Service, Consulting, Project Management, Programming, Networks, System Analysis / Operations, Information Technology, and more!

We look forward to assisting you with your career transition. Please feel free to pass this email along to anyone you know who might benefit from our services.

## Register today at:

http://www.militarystars.com/career expos baltimore.htm

New users: Select "Click Here to Attend" at the above link and create a profile; for MilitaryStars Career Expo select "April 16 - Baltimore, MD".

Returning users: Select "Click Here to Attend" at the above link and log in; for MilitaryStars Career Expo select "April 16 - Baltimore, MD".

- Free for all current and prior US military iob seekers
  - Wear business casual or military uniform
  - Meet with military-friendly companies
    - Get on-the-spot lob interviews:

Positions in Balt and MD, Mid-Atlantic US, Nationwide, Overseas

## Register Today at **www.militarystars.com**!

Courtesy of Deacon William Collins

## Let's Talk "Wellness", "Cellular Health" and "Nutrition"



## **ALLERGIES & ASTHMA**

Warmer weather is coming and along with it are potentially irritating allergens called pollen. According to the National Institute of Allergy and Infectious Diseases (<a href="https://www.niaid.nih.gov">www.niaid.nih.gov</a>), about

10 percent of the population in America is affected by pollen allergies. If allergies tend to get you down, use these online resources to help you beat the springtime sniffles by staying on top of the current pollen counts, weather trends, and research.

## National Institute of Allergy and Infectious Diseases (www.niaid.nih.gov)

The National Institute of Allergy and Infectious Diseases Web site houses an extensive search engine for allergies and allergy-related topics. You can access information from recent studies, allergy-specific facts, treatment options, and much more by simply typing in a keyword, such as "pollen," "grasses," "trees," or "weeds."

## American Academy of Allergy, Asthma, and Immunology (www.aaaai.org)

The American Academy of Allergy, Asthma, and Immunology (AAAAI) is a good source for answers to frequently asked questions about allergy-specific conditions, causes, treatments, and current news reports. It also allows you to search for an allergist near you.

## National Allergy Bureau (www.aaaai.org)

Keeping up with local weather conditions is another way to beat the sniffles. By tracking local pollen counts and rain predictions, you can plan your outdoor activities during times of low pollen levels.

The National Allergy Bureau (NAB), is an affiliate of the American Academy of Allergy, Asthma, and Immunology and accessible through the AAAAI Web site. The NAB records and reports pollen and mold spore levels in numerous locations across America. These recordings are taken and reported to local television and radio stations several times each week to keep you one step ahead of allergens.

## The Weather Channel (www.weather.com)

The Weather Channel is about far more than just rain and snow. From the channel's Web site you can access current pollen counts, allergy outlook, pollen forecast, air quality maps, a monthly allergies planner, an online allergies help clinic, and allergy hot spots sorted by types of pollen. You can also sign up to receive free, daily e-mail pollen alerts.

## Not Sure You Have an Allergy?

The beginnings and endings of blooming seasons for trees, grasses, and weeds are fairly predictable throughout the United States each year. They range from February through November depending on where you are in the country. Armed with this knowledge, you can anticipate how and when you'll need to defend your eyes and sinuses. National Maps The American Academy of Allergy, Asthma, and Immunology (www.aaaai.org) displays a United States map color coded to show the various grass and ragweed seasons throughout the country. Look over the maps at the AAAAI Web site, and start planning your pollen-season defense strategy.

**Sources:** www.niaid.nih.gov, www.aaaai.org, www.weather.com

Courtesy of Cinergy Health, Inc. in partnership with **MyHealthPublisher**. This publication in no way seeks to

diagnose or treat illness or to serve as a substitute for professional medical care. Please see your physician if you have a health problem.

NOTE: This information is for educational purposes only and is not intended to replace the advice of physicians or health health care practitioners. It is also not intended to diagnose or prescribe treatment for any illness or disorder. Anyone already undergoing physician-prescribed therapy should seek the advice of his or her doctor before reducing the dosage of medication or stopping prescribed treatment.

\*\*\*\*\*\*\*

"As the beauty of each SUNSET, marks the passage of time, every SUNRISE holds the promise of all that is to come"



SISTERS UNITED

## NETWORK (SUN) WEEKEND GETAWAY RETREAT "INVEST IN YOURSELF AND CREATE SPACE IN YOUR LIFE FOR YOU" -

**17-19 APRIL 2009 -** Registration Guidelines - Register today!!!!!! Space is limited. A Weekend Getaway Retreat <u>Packed with Value</u> like no other! This Wonderful \$375.00 (Inclusive) Retreat Package includes:

- 2 Nights Accommodations at the Beautiful Dolce Hotel and Resorts (Double Occupancy) (Single Occupancy available at \$475.00)
- Weekend Retreat Kickoff Friday Night Networking Social / (Business Showcase)
- All Meals: (Breakfast/Lunch/Dinner) / (Super Breakfast Buffet Sunday)
- Training Seminars/Workshops
- SUN Exclusive Pampering Gift Pack

Make <u>personal checks</u>, <u>money orders</u> or <u>cashier checks</u> payable to SUN and mail to P.O. Box 1289, Stockbridge, GA 30281. All payments must be received on or before April 1, 2009. On site registration will not be available. Airfare and transportation cost to and from Atlanta, Georgia are not included in the registration fee. The total cost for this inclusive fun filled 3 days/2 nights weekend retreat is \$375 which is due by <u>1 April 2009</u>. A Payment Plan" is being offered for those who would like to pay for the retreat in installments. The payment schedule is: 1st payment \$175 per person due 2/15/09; 2nd payment \$200 per person due 3/15/09.

Courtesy of Deaconess Beverly Ash

## REUNION

Are you interested in attending a **Heidelberg (Germany) Reunion** in late September 2009 in Atlanta, GA? If you want to volunteer and help out in planning this event, please do so. The planning committee can use any and all help. The proposed weekend is **25-27 September 2009**. The committee picked this weekend because of the **Atlanta Football Classic**. This is annual game at the Georgia Dome

which features the **Tennessee State Tigers** and the **Florida A & M University (FAMU) Rattlers**. If you have never seen FAMU's band perform, then this would be a great opportunity to do so. The game is played on Saturday around 3 p.m., but there are several other activities going on that weekend. The committee is looking for a MINIMUM of 100 people to make this a success reunion. Please get the word out to others. For more information, to volunteer, or submit suggestions, contact Kelvin Howell at 786-227-1584 (cell) or e-mail thowell16@yahoo.com

## A Christian

Several years ago, a preacher from out-of-state accepted a call to a church in Houston, Texas. Some weeks after he arrived, he had an occasion to ride the bus from his home to the downtown area. When he sat down, he discovered that the driver had accidentally given him a quarter too much change. As he considered what to do, he thought to himself, 'You'd better give the quarter back. It would be wrong to keep it.' Then he thought, 'Oh, forget it, it's only a quarter. Who would worry about this little amount? Anyway, the bus company gets too much fare; they will never miss it. Accept it as a 'gift from God' and keep quiet.'

When his stop came, he paused momentarily at the door, and then he handed the quarter to the driver and said, 'Here, you gave me too much change '

The driver, with a smile, replied, 'Aren't you the new preacher in town?'

'Yes' he replied.

'Well, I have been thinking a lot lately about going somewhere to worship. I just wanted to see what you would do if I gave you too much change I'll see you at church on Sunday.'

When the preacher stepped off of the bus, he literally grabbed the nearest light pole, held on, and said, 'Oh God, I almost sold your Son for a quarter.'

Our lives are the only Bible some people will ever read. This is a really scary example of how much people watch us as Christians, and will put us to the test! Always be on guard -- and remember -- You carry the name of Christ on your shoulders when you call yourself 'Christian.'

Watch your thoughts; they become words.
Watch your words; they become actions.
Watch your actions; they become habits.
Watch your habits; they become character. Watch your character; it becomes your destiny.
I'm glad a friend forwarded this to me as a reminder. So, I choose to forward it to you - my friend. God bless you; I hope you are having a wonderful day!

The Will of God will never take you to where the Grace of God will not PROTECT you...

Stay FAITHFUL and Be GRATEFUL!
Courtesy of Brother Cliff and Ranae Shaw

Google

You don't need a computer, an Internet connection, or even the keypad on your phone or mobile device. GOOG-411 is voice-activated, so you can access it from any phone (mobile or land line), in any location, at any time. For free.

**Dial (1-800) GOOG-411 (1-800-466-6411).** Say where. Say what you're looking for. GOOG-411 will connect you with the business you choose.

**If you are calling from a mobile device**, GOOG-411 can even send you a text message with more details and a map. Simply say "Text message" or "Map it."



















**Destiny Needs a Loving** 

Home for "Summer" 2009 — Vikki Courtenay, a WCGS teen, is looking for a loving family to take care of her beloved cat, Destiny, in your home, while she and her sister, Mercedes, are away this summer. Destiny cannot go with them; but she cannot stay behind in their home while they are away either. Vikki is asking if there are any families in the Gospel Service who would be willing to care for her cat while they are gone. Vikki is prepared and willing to pay for this service. Vikki has had Destiny since Destiny was 10 weeks old; this was over 5 years ago. Vikki is really attached to Destiny and does not want to get rid of her beloved Destiny. This would break Vikki's heart. Destiny gets along well with other cats, but she does not care for dogs (she won't hurt them, she just avoids them). Destiny lives with teenagers.

If you already know Vikki and Mercedes and you are willing to care for Destiny during the summer, please let Vikki know ASAP by e-mail <a href="mailto:vmc0202@yahoo.com">vmc0202@yahoo.com</a>. If you do not know Vikki and Mercedes, and you are willing to care for Destiny, please see Shereda Jones at Chapel, or send an e-mail to joneslw4126@msn.com.



# Month of the Military Child and Child Abuse Prevention Month

## 2nd Annual Family Fun Festiva

Cotton Candy, Pop Corn, Snow Cone, Food Stations, and Information Booths. Festival consist of a Parade, Moon Bounces, Musical Performances, Clowns,

I Kadv





18 April 2009, 1200-1600 WRAMC, Rose Garden Where: Parade will start at 14th St Gate and proceed on Main Street towards the Rose Garden.

Please start lining up at 1100!

